

# HEYWOOD *Education News*

*The fortnightly combined newsletter of Heywood Consolidated School and Heywood & District Secondary College*  
Edition 15, October 15<sup>th</sup> 2020

## The Final Challenge

Our final learning task of Term 3, and the flexible and remote learning period, was the creative Pass the Ball Challenge. The video of the final result can be seen on the Heywood Consolidated School Facebook page.

It was really amazing to see the effort that went into the Challenge. There was such a variety of settings and balls from many different sports used. Even though we were working apart, we were able to come together to produce a whole school project. I would like to thank our parents and carers for the support they showed towards our students' PE learning during Term 3.

Term 4 has got off to a great start in PE. All year levels are starting off with a movement topic, including elements such as balancing, travelling, dancing and responding to music. This is a great way to get back in to our learning as it focuses on collaborating and cooperating.

There has been some fantastic work in Week 1, and lots of enthusiasm towards having a go at something a bit different. I am looking forward to seeing the creativity and teamwork of students over the next few weeks, and it is so great to be back to face to face learning.

*Pictured above are Jack and his pony featured in the Pass the Ball Challenge.*

**Rebecca Siddall, P.E. Specialist, HeyCon**



Heywood Consolidated School  
PO Box 21  
Heywood VIC 3304  
Ph: 5527 1200  
Email: [heywood.cs@edumail.vic.gov.au](mailto:heywood.cs@edumail.vic.gov.au)  
[www.heywoodconsolidated.vic.edu.au](http://www.heywoodconsolidated.vic.edu.au)  
School Council President: Anja Croft

Heywood & District Secondary College  
PO Box 180  
Heywood VIC 3304  
Ph: 5527 1303  
Email: [heywood.sc@edumail.vic.gov.au](mailto:heywood.sc@edumail.vic.gov.au)  
[www.heywoodsc.vic.edu.au](http://www.heywoodsc.vic.edu.au)  
School Council President: Sue Lovett



## From The Principals



Yippee! Our students are back. We are so excited to see how much our students have grown and matured during the Remote and Flexible Learning period. They have grown up and their fresh, new haircuts make them look so shiny and snazzy! Their positive attitude to being back at school again, makes us all feel

great!

Daylight Savings commenced the day before school started and made for an extra challenge to get back on board. We understand that sometimes it is difficult to get back to the routines of school, and we appreciate your efforts on this situation.

Some of the daily routines that need to be re-established are: eating at set times (brain food at 10am, snacks at 11am and lunch at 1:30pm), drinking water throughout the day, organising lunch boxes and readers before and after school, and keeping track of jumpers and hats.

Last week, during the terrible weather, the shade sail covering our outdoor tables and chairs was torn apart in the winds. We have also noticed some of our football goal posts and basketball rings have been damaged over the holidays.

Please consider our students. Our playground and equipment are essential items. If you see any inappropriate use of our grounds, please phone (03) 5527 1200 or send an email to [heywood.cs@education.vic.gov.au](mailto:heywood.cs@education.vic.gov.au).

As a final note, the Victorian Government has three priorities for us to focus upon for the remainder of this year: Mental Health and Wellbeing, Learning, and Transitions.

During future editions of this newsletter, I will be outlining how Heywood Consolidated School plans to address these priorities.

Enjoy the rest of this Term. Before we know it, it will be over.

**Ann Hawker, Principal, HeyCon**

Welcome back to onsite learning and once again thank you all for supporting your children, and the school during remote learning last Term.



This Term will fly. There is a lot we need to do. The Education Department has given us three priorities, which we will be adhering to

1. **Mental Health and Wellbeing:** This will be one of our highest priorities, particularly the mental health of our students and staff. If you have any concerns about your child please get in touch with the school so we can organise support.
2. **Learning:** Our priority will be supporting both; those who need to catch up, and those who have progressed and need to extend their learning.
3. **Transitions:** We will make every effort to ensure successful transitions for children moving from Year 6 into Year 7, and our Year 12s moving into employment or further education and training.

This means in Term 4 our priorities will be to:

- A. Begin the process of catch-up learning and continue to extend those who progressed well during remote and flexible learning.
- B. Support students to re-establish friendships and class groups and provide additional support where needed.
- C. Help every student prepare for 2021 with a sense of purpose and optimism.
- D. Ensure students continue to develop their literacy and numeracy knowledge and skills while building their personal and social capabilities and remaining physically active.
- E. Assist every Year 12 student to complete their VCE/VCAL, and appropriately commemorate this significant milestone.
- F. Support our students' sense of direction and opportunity, including learning about areas of employment demand for the future.

**Kelly Webster, Principal, HDSC**

**Child Safety** - Heywood and District Secondary College and Heywood Consolidated School consider the safety of children as being of paramount importance. Both schools have zero tolerance of child abuse.

## Good Bye Year 12s

I can't believe that it's that time of the Year where we are saying good-bye and good luck to our Year 12 students. This week they completed two days of October Tests that have given them their last practice before the End of Year Exams. As they finish their timetabled classes on Wednesday the 28<sup>th</sup> of October, students will then need to be more focused and leave the fun until their exams have finished.

We are competing with the rest of the state when it comes to the scores obtained. As a result we need to do all we can to ensure that our young people get the most out of the time they are with us. I know that many of the Year 12 staff will be offering study sessions before their exams so please make the most of these opportunities. Good luck, and as always, if you need that extra help ask your teachers.

We have put together a celebration for the Year 12 students on Friday the 30<sup>th</sup> of October. Jeremy Prevett will provide more information to students and Year 12 families closer to the time.

**Kelly Webster, Principal, HDSC**

## Head Start Program

We are starting to get enquiries from families in regards to our end of year arrangements. In the near future we will send out a letter to all families outlining all the major dates moving into the end of the year. If you need dates now before we send out the letter please go to our website and under the 'calendar and newsletter' tab you will find our Term 4 calendar with our key dates.

I do ask that all families resist taking their sons/daughters out of school early to go on a family holidays and therefore miss out on our Head Start program. We highly value this program in getting our students up and running before 2021 starts. Most schools in the state have a similar program and, these are the schools we compete with when it comes to VCE results.

**Kelly Webster, Principal, HDSC**

## Remote Learning vs Learning At School

This term, 2/3F is learning to write and read persuasive texts. We know that persuasive texts try to persuade us to think a particular way, sometimes they try to make us agree with an idea and sometimes they try to make us disagree with an idea.

Persuasive texts use lots of convincing words to change our thinking and to make us agree with the author's thinking.

The following is our reflection on the positive of remote learning compared to learning at school.

*Pictured at right are Rhani and Harry compiling their lists.*

**Sallie Field, 2/3 F Classroom Teacher, HeyCon**



For Remote Learning	For School
When your work is finished you can have the rest of the day free to do whatever you want e.g. you can play with your animals. Don't have to wait for others, can work at your own pace. You can do gardening and build things. You get to do more walks, runs and you get to go places. Could sleep in and start your work when you were ready. You get to watch more TV.	You get to see your friends and teachers, and make new friends. You get to learn more at school and do more work, so you have a brighter future. At school there are more art supplies and sports equipment. We get to do clubs and do things like go to the Skate Park and sensory play. There's heaps more books to read.

## Assistant Principal Report

### Welcome Back

Welcome back to Term 4. It is great to see students back walking the halls, in the classroom, and interacting with their peers and teachers. Without a doubt, it has been a very difficult year, one that the school community has worked together to make as successful as possible for each and every student. I look forward to seeing what we can accomplish for the remainder of the year.

### Reports

At the end of this week, reports will be available for viewing. Due to the changes brought about by remote learning, it is important to understand that as teachers, what we see at school, can be very different to what you see at home in terms of effort and engagement in classes. This may have been more so if your child has been accessing learning packs and not able to access online face-to-face classes. For this reason I would encourage students/parents/carers, to contact classroom teachers if you have any questions in relation to your child's future learning goals.

### Sun Smart

As we start to move closer to summer and the sun is beaming, it is wise to be sun smart. If you are outside please apply sunscreen and as per the schools policy, an HDSC wide brimmed or bucket hat as well. **Sun hats must be worn at all times while outside.** If you do not have the appropriate school hat, please contact the office ASAP to purchase one.

### Uniform

Please remember that hoodies, non-school beanies, track suit pants and other non-school uniform items are not permitted at school. Students will be asked to remove them and change into school uniform. Please see the school's uniform policy, located on the schools website, <http://www.heywoodsc.vic.edu.au>.

### Wellbeing

Parents please don't forget, that no matter what, we are here to help you and your child. Many times children won't speak up for fear of making you sad or upsetting you further. If you are worried about your son or daughter, reach out to the school, your GP and/or adolescent psychologist and ask for help. Other places of support include:

Kids Help Line: 1800 55 1800

Lifeline: 13 11 14

Beyond Blue: 1300 22 46 36

Glenelg Shire Covid-19 help line: 1800 512 461

*Remember, every day is an opportunity.*

**Brenton Schintler, Assistant Principal, HDSC**

## School Notices

### Hats

Hats are required throughout Term 4 for all children at HeyCon and HDSC. Without a hat, students are restricted to being in the shade areas. Hats may be purchased from the offices of both schools

### Kinder to Foundation transition

There has been a change of plan. At this time we cannot conduct our usual Transition Program for Kinder students. However, for the next few weeks our current Foundation/Year 1 teachers will visit Heywood Kinder and Heywood Early Learning Centre to meet our future students. During the visit they will share our Transition Big Book which features a pictorial guide to starting school. In November, when clearer Department guidelines are available, we will arrange onsite visits for our students to become familiar with the school.

It's certainly a little different this year, although we are confident that with the visits to the Kinder and our proposed visits to the school our students will be more than ready to start school in 2021. If you have any concerns about transition or preparing your child for Kinder please contact our Transition Coordinator, Melinda Watson on (03) 5527 1200.

### School safety at pick up/drop off

To keep our students safe at school please be mindful of the following road rules:

- Students should get out of the car on the footpath side NOT the road side.
- Cars should not perform U-Turns outside the school. Traffic should drive past the school and do a block along Righetti Rd.



### Cancellation of Scott Street School Crossing

As mentioned in this newsletter, due to extremely low usage, the Glenelg Shire Council proposes to no longer employ a crossing supervisor at the Scott Street crossing.

The Glenelg Shire Council welcomes your opinion on this decision. Feedback should be directed to the Local Laws Department, no later than the 24th of November by telephone 1300 453 635 or email [enquiry@glenelg.vic.gov.au](mailto:enquiry@glenelg.vic.gov.au).



## Parent Opinion Survey 2020

The Parent Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst a sample of randomly selected parents. It is designed to assist schools in gaining an understanding of parents' perceptions of school climate, student behaviour and student engagement. Our school will use the survey results to help inform and direct future school planning and improvement strategies. All responses to the survey are anonymous. This year the Parent Opinion Survey will be conducted from **October 12<sup>th</sup> to November 13<sup>th</sup>**.

The survey will be conducted **online**, only takes **10-15 minutes** to complete, and can be accessed at any convenient time within the period on desktop computers, laptops, tablets or smartphones. The online survey will be available in a range of languages other than English.

We encourage parents to complete the survey as the results help guide our planning for the next year. If you have any queries please contact HeyCon (03) 5527 1200 or HDSC (03) 5527 1303.

### Is The App Safe?

Don't underestimate the importance of supervising your children when they are using social media. The range of social media platforms is increasing rapidly and often masked by what looks to be a legitimate App. For example, The Calculator% App – looks like a calculator but is designed to hide explicit photos and videos behind other content.

**Snapchat is now the Number 1 App used for sexting or sending nudes between underage people** (source: Carly Ryan Foundation). To keep our children safe we recommend parents be aware of what Apps are being used by their children. Remind them that everything is public. Have honest conversations and explain what constitutes "sexting" and what is considered inappropriate material.

**It is illegal for children under 18 to produce, distribute or possess nude or explicit photos.**

No explicit content is for fun. Child abuse pictures are illegal if they are asked for, taken, received and kept or sent, posted or passed around. Maximum penalty can be up to 15 years in jail.

#### **Fake accounts**

Creating a fake account in another person's name can also result in police intervention. This is a serious situation and is often used to intimidate or bully. Accounts can be traced and hefty fines can be imposed.

At Heywood Consolidated School, we support the use of technology to enhance learning and have required that all students sign an Acceptable User Agreement. This agreement covers all usage of technology including after school hours. Students found to be breaching the agreement will not be able to use technology at school.

### Scott Street Children's Crossing

The employment of Children's Crossing Supervisors is managed by Councils as a courtesy to the community, to assist children in walking to and from school, by crossing the road at a designated location. The Children's Crossing Supervisor Subsidy Scheme provides Local Governments with financial assistance for the provision of crossing supervisors. However, the scheme does not cover the administrative costs for the delivery of the program.

To be eligible for funding from VicRoads, a Primary School Crossing must have more than 20 pedestrian users and 100 vehicles pass through the crossing per hour. For a Secondary School Crossing the vehicle count must exceed 250. Some crossings may receive funding despite not meeting this criteria for a variety of other reasons, such as: the road is used by heavy vehicles, special needs children with physical or intellectual disabilities cross at the crossing location, or the speed limit is not restricted to 40 km/hour.

With all the above taken into consideration, the Glenelg Shire Council wishes to advise that consideration is being given to the closure of this crossing. Feedback is invited and is to be received by no later than the 24th of November, after which discussion and consultation will follow. Feedback should be directed to the Local Laws Department, no later than the 24th of November by telephone 1300 453 635 or email [enquiry@glenelg.vic.gov.au](mailto:enquiry@glenelg.vic.gov.au).

# small steps can make a big difference

We have included  
a few of our own to  
get you started.

## 1. Get Into life



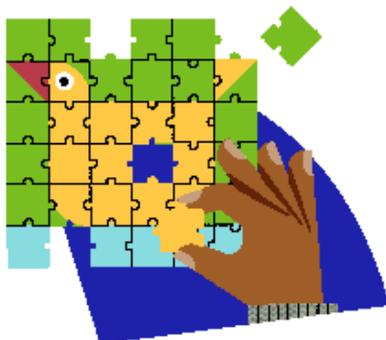
- Take 5 minutes to read something fun - a chapter of a book, a comic, or magazine.
- Feel the groove and let it show - listen to music that makes you smile.

## 2. Learn skills for tough times



- Something on your mind? It can help to write it down.
- Slow your breathing and take 20 deep, calming breaths.

## 3. Create connections



- Find someone you trust to talk about your feelings with.
- Spend time with your family playing a board game or doing a puzzle.

## 4. Eat well



- Try a whole meal without any processed foods.
- Get creative and make a nutritious meal with a friend.

## 5. stay active



- Go for a walk to the park with your family and play a game of frisbee.
- Breathe and flex - take a moment to stretch your muscles.

## 6. Get enough sleep



- Set an alarm and try to get up at the same time each day.
- Practice a few minutes of deep breathing in bed before you drift off.

## 7. cutting back on alcohol and other drugs



- Stay busy with other activities at times you find it hard to say no.
- Make plans for early the next day to help keep you on track.

# small steps every day

Making big changes can be overwhelming. Focus on the small steps you can take every day — you'd be surprised at the difference it can have on your mental health. Use this Action Plan to set out some goals for the small steps you want to take.



take your first step today, visit [headspace.org.au/tips](https://headspace.org.au/tips)

## Further support

If you need to speak to someone urgently, please call:

- **Lifeline**  
13 11 14
- **Kids Helpline**  
1800 55 1800

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health.

## healthy headspace action plan

- A** What activities are possible? Which seem like fun? What would you like to try or change? *e.g. listen to music, write down my ideas, eat breakfast each day*

- B** When will you do the activities? How often can you do them? *e.g. before bed, twice a week*

- C** How will you know if the activities are working for you? *e.g. I'll laugh, I'll sleep, I'll feel more confident to handle tough times*

- D** What could get in your way? *e.g. I'm busy, I don't have equipment, I am not sure how*

- E** Where can you get support? *e.g. ask a friend to join you, research online, borrow equipment*

You could try these things to help make your changes stick:

- write it down
- set a reminder
- plan it with family or friends
- take note of any benefits
- think about why it's important to you.

# Calendar Term 4, 2020

■ HeyCon

■ HDSC

■ Both

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 OCTOBER	20 OCTOBER	21 OCTOBER	22 OCTOBER Footy Colours Day	23 OCTOBER Public Holiday No School
26 OCTOBER	27 OCTOBER	28 OCTOBER Last Day of Year 12 Classes	29 OCTOBER	30 OCTOBER Year 12 Celebration
2 NOVEMBER Book Dress Up Day	3 NOVEMBER Melbourne Cup Public Holiday	4 NOVEMBER	5 NOVEMBER Student Free Day HeyCon	6 NOVEMBER Student Free Day HeyCon
Student Free Day				
9 NOVEMBER	10 NOVEMBER Year 12 Exams Start	11 NOVEMBER Remembrance Day	12 NOVEMBER	13 NOVEMBER
16 NOVEMBER	17 NOVEMBER	18 NOVEMBER	19 NOVEMBER	20 NOVEMBER
Year 7-11 Essential Assessments				
23 NOVEMBER	24 NOVEMBER	25 NOVEMBER	26 NOVEMBER	27 NOVEMBER
Year 7-11 Head Start				
30 NOVEMBER	1 DECEMBER	2 DECEMBER	3 DECEMBER	4 DECEMBER
7 DECEMBER	8 DECEMBER Statewide Transition Day T.B.C.	9 DECEMBER	10 DECEMBER	11 DECEMBER
14 DECEMBER Graduation Night Year 6	15 DECEMBER HeyCon Concert Night	16 DECEMBER Picnic Day	17 DECEMBER Last Day of Learning HeyCon	18 DECEMBER